

Careers

Did you know?

"The more you know yourself, the more patience you have for what you see in others." - Erik Erikson

If we do not know where we are going, any road will be the right one. And 'if we do not stand for something, we will fall for anything.' In other words, if we do not understand ourselves, this includes our hopes, dreams, and aspirations, it will be easy for just about anyone to push us into a decision we will regret for the rest of our lives.

Know Yourself

Knowing who you are is a very crucial aspect of healing yourself.

How can you avoid a disaster if you are simply floating through

life with no clear sense of what you stand for, and what you refuse to tolerate? When we take the time to understand who we truly are, the

intricacies of our own personalities,

we will have the keys to unlock our true potential. You cannot become your best self if you do not know what that entails. When you understand yourself, you are more likely to end up choosing a career that you love. And it is quite easy to be passionately driven to achieve great things when you are pursuing a career that you love.

Additionally, when you are at the top

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others see setbacks. It also takes far less effort to be productive when you enjoy what you do. Additionally, the fact that you enjoy your career will give you a competitive edge and you will not

depend on the praise of others for motivation. The satisfaction of a job well done will keep you pushing forward. Knowing and truly understanding yourself will open doors to opportunities

of your game, you will seek out the kind of partners and friends that will make you happy and thus bring out the best in you. They will understand the way you think and may very well think the same way you do too. These are the kind of people who will not laugh at your dreams or be jealous of your success. Being surrounded by loving, supportive people, will make you a kinder, happier and dare I say, more successful

you would have never seen coming otherwise. It will be easier for you to stand up to the pressures around you when you know without a doubt what the right decision for you will be. I know that these



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person. Individuals who have a deep understanding of themselves, are often more decisive and optimistic. That is because these individuals are in full control of their life choices and they chose well. They are more likely to see opportunities where

may seem like ideal circumstances, where our choices are not dependent on others. but you will be much happier as a result, and far easier to love when you are not carrying the heavy weight of a bad decision around you