

Careers

Did you know?

“A great man is always willing to be little.” – Ralph Waldo Emerson

Many people become frustrated when they reach a certain age and have not achieved a certain goal. But just consider the contrast between Mark Zuckerberg and Colonel Sanders. Mark Zuckerberg founded his Facebook empire in his early twenty's, but Colonel Sanders did not become the founder of Kentucky Fried Chicken (KFC) until he was in his eighty's. Both men are considered highly successful, but each achieved success at different times.

Know Your Limits

A lot of the mistakes we make and problems we encounter could have been avoided altogether if we were a little more knowledgeable about our limitations. Just think about an eager weightlifter who tries to lift too much, too soon. What do you think will happen?

Any rational individual will realize that the weight-

lifter is going to hurt themselves. Some will argue that this illustration is encouraging us to limit ourselves, and if we do, and stop pushing ourselves, we will never know our true potential.

There is no limit to what you can achieve if you set your mind to it, and sometimes you will never know how strong you are until you

try. You need to, however, ensure that reason and logic prevail when reaching out to achieve your goals. If you have never lifted 100 pounds, maybe starting with 20 pounds today would be a better idea.

There is nothing wrong with thinking big, but I would encourage you to start small and work your way up.



Your CareerScope

In essence, I am encouraging you to be modest in your expectations.

Modesty will not only help you to avoid setting unrealistic expectations, it will also help you to set

“Know your limits, This applies to your time, energy, emotions, and skills|

realistic time frames to achieve your goals.

A modest approach to life will also help you to avoid comparing your achievements to those of other people. Some people hit the

ball out of the park on the first try, and there are others who have to work their way up the ladder.

The beautiful quality of modesty extends far beyond becoming successful. This is a quality

that will help you to stop biting off more than you can chew. You do not need to say yes to everyone. This applies both to your personal life, and at work. Don't agree to unreasonable deadlines

because you want to impress your boss, unless you are 100% sure you will be able to complete the task. If you have been given an assignment, and you are unsure about how to get it done, do not be afraid to ask for help.