

Careers

Did you know?

In a government study of teens working from 1994-1997, 16- and 17-year-olds who worked fewer than 20 hours a week were more likely to go to college than students who didn't work at all.

The Working Teenager

Are you considering getting a part time job while you are still at school? Here are some things to consider:

The Good

Working can help young people feel responsible and independent. They can gain skills that will be useful as they move up in the world: problem solving, punctuality, pride in a job well done. If students do good work, employers can provide references when they move on to college

or full-time jobs. Earning money can also give teens experience with budgeting and prioritizing wants and needs.

The Bad

Balancing work, friendships, school, and family can be stressful. Students who work long hours (more than 15 or 20 hours a week) get poorer grades than those who work fewer hours.

Health and Safety

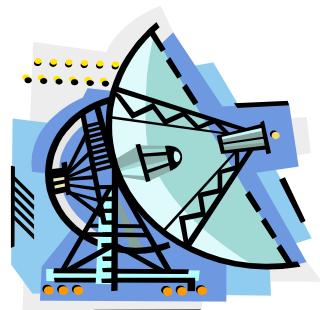
The law limits the

kinds of jobs students can hold and the hours students can work. Ask your parent, guardian or teacher what the law says about teen work, and ways to deal with unsafe work situations.

Ways that Help

Attitude is everything. Here are some ideas for going through tough work assignments:

1. Your effort is valuable.
2. You are learning work skills you can use later



Your CareerScope

3. Knowing the kinds of work you like (or don't like) will guide your future career choices.

Set limits and expectations about school performance and hours worked. Watch for slipping grades, fatigue, or stress. **Learn how to manage your money** so you have something to show for your efforts.

Teenagers need to discover what opportunities are available for them and learn about youth Employment laws. Including hours they can work and jobs they can do.

What Jobs can Teenagers Do?

Knowing how to get the job of your dreams is nearly as important as having the skills to do the job well. We will help you to learn who's hiring, filling out applications, and rights and responsibilities at work. Teens

looking for jobs can choose whether to work for a boss (retail stores, restaurants) or themselves (babysitting, yard work).

We'll be talking about both. Should teens work? It depends on the teen.

"You're only a kid once," some people say. "There's plenty of time for work later on." But for some teens, the joy of a first paycheck and the chance to make their way in the adult world is worth the effort.

In a government study of teens working from 1994-1997, more than half of all 14-year-olds and 60% of 15-year-olds worked, most at freelance jobs like babysitting and yard work.